Students have pre-existing and upgrade waiting periods waived
• Unlimited Digital Doctor access (Can refer on to a consultant)
• Nurse on Call Service
• Money Back on Minor Injury clinics
• Cover for MRI/CT/PET CT scans
• Back Up programme
• Mental Health Supports (6 Free Sessions per issue)
• MyLife App
• Customer Support - 01 5625100

EXCLUSIVE COVER
Upgrade your plan for Private Hospital Treatment
Our plan enables students to upgrade to a superior plan only when needed in order to avail of private hospital treatment*. They can then revert back to their Study in Ireland plan again once they come out of hospital, meaning they are only charged the additional fee for the days they require treatment.

Optimise Platinum
Student’s age:
25 or less  \(€9/\text{day}\)
over 25  \(€18/\text{day}\)

*As waiting times for treatment at public hospitals in Ireland continue to grow, access to Private Hospital treatment may be essential

Study in Ireland Plan Overview

<table>
<thead>
<tr>
<th>Cover Type</th>
<th>Study in Ireland</th>
<th>Optimise Platinum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Hospitals</td>
<td>Semi-private room, and Day Case</td>
<td>Covered</td>
</tr>
<tr>
<td>Private Hospitals</td>
<td>Semi-private room &amp; Day Case Private Room</td>
<td>65% 65% of Semi-Private rate</td>
</tr>
<tr>
<td>High-Tech Hospitals</td>
<td>Listed Special Procedures* &amp; Listed Cardiac</td>
<td>Not Covered</td>
</tr>
<tr>
<td>High-Tech</td>
<td>Day Case</td>
<td>Not covered</td>
</tr>
</tbody>
</table>

Please review the policy wording for full information on the coverage of the policy.
Other Plan Benefits
Claim for your Day to Day and Outpatient claims online in just a few simple steps via Desktop, Mobile or App

<table>
<thead>
<tr>
<th>Benefit Name</th>
<th>Study in Ireland</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minor Injury Clinic</td>
<td>50% up to €100 per visit</td>
</tr>
<tr>
<td>HPV Vaccine</td>
<td>50% up to €200 per policy year</td>
</tr>
<tr>
<td>Online GP</td>
<td>Online Digital Doctor – unlimited</td>
</tr>
<tr>
<td>Mindfulness App Nutrition or Dietician Sexual Health Screening</td>
<td>€30 Contribution&lt;br&gt;€30 Contribution Covered</td>
</tr>
<tr>
<td>Sports club/ Gym membership/Classes Fitness Wearables</td>
<td>€30 Contribution&lt;br&gt;€30 Contribution</td>
</tr>
<tr>
<td>Scan Covers</td>
<td>Outpatient scan cover (in approved centres) - MRI, CT and PET - CT fully covered -&lt;br&gt;Direct Settlement – contact ILH and confirm centre*</td>
</tr>
</tbody>
</table>

Repatriation Cover
Repatriation back to your country of origin in the event of death

- Personal accident cover (lump sum benefit for serious injuries)
- Personal liability cover
- Funeral benefits
- Medical repatriation to home country
- 14 days cover for travel within Europe

Digital Doctor
Unlimited consultations with a fully qualified GP anytime from anywhere with online video service also available

Call us from abroad +44 203 858 3892
Save our web app by visiting www.irishlifehealth.ie/digital-doctor

Call us to make an appointment 1890 100 048

Unlimited access to Digital Doctor by phone 24/7 and online face-to-face consultations from:
Mon-Fri 8am - 10pm  Saturday 8am - 8pm  Sunday 10am - 6pm

Service provided by Medical Solutions. See membership handbook and table of cover for details of exactly what’s covered.
Healthy Minds
Because we all need a healthy mind as well as a healthy body

Support 24/7 365 Days a Year
Healthy Minds Employee Assistance Programme

Service provided by LifeWorks by Morneau Shepell.
Available to members 16 years old and over. If deemed clinically appropriate, up to 6 face to face counselling sessions may be arranged through LifeWorks. See membership handbook and table of cover for details of exactly what's covered.

Online Claims Portal
Claim for your Day to Day and Outpatient claims online in just a few simple steps via Desktop, Mobile or App

Concierge Broker Service
- Available from Mon. to Fri, 9am to 5pm
- Claims assistance
- Policy coverage assistance
- Personal information amendments
- Policy upgrade assistance

Instant Messenger Service
083 378 8124

studyandprotect@arachas.ie | studyandprotect.com | +353 1 6395800 Follow us on @studyandprotect

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